



96 General Food Panel, IgG Only

Tests For IgG Antibody-Mediated Sensitivities

You can also **Add 15 Vegetarian Items** to this test panel.

Dairy*	Fruits	Grains/Legumes/Nuts
Casein	Apple	Almond
Cheese, Cheddar	Apricot	Amaranth Flour
Cheese, Cottage	Banana	Barley
Cheese, Mozzarella	Blueberry	Bean, Kidney
Whey	Cranberry	Bean, Lima
Milk	Grape, Red	Bean, Pinto
Milk, Goat	Grapefruit	Bean, Soy
Yogurt	Lemon	Bean, String
* Bovine-derived unless specified	Orange	Buckwheat
	Papaya	Coconut
	Peach	Corn
	Pear	Filbert
	Pineapple	Glutadin, Wheat
	Plum	Gluten, Wheat
	Raspberry, Red	Lentil
	Strawberry	Oat
		Pea, Green
		Peanut, Runner
		Pecan
		Rice, White
		Rye
		Sesame
		Spelt
		Sunflower
		Walnut
		Wheat, Whole
Vegetables	Meat/Fowl	Fish/Crustacea /Mollusk
Asparagus	Beef	Clam, Manila
Avocado	Chicken	Cod, Atlantic
Beet	Egg White, Chicken	Crab, Dungeness
Broccoli	Egg Yolk, Chicken	Halibut
Cabbage, White	Lamb	Lobster, American
Carrot	Pork	Oyster
Cauliflower	Turkey	Red Snapper
Celery		Salmon, Pacific
Cucumber		Shrimp, Western
Garlic		Sole
Lettuce		Tuna, Yellowfin
Mushroom, Common		
Olive, Black		
Onion, White		
Pepper, Green Bell		
Potato, Sweet		
Potato, White		
Pumpkin		
Radish		
Spinach, Green		
Squash, Zucchini		
Tomato, Red		
Misc.		
Cocoa Bean		
Coffee Bean		
Honey		
Sugar Cane		
Yeast, Baker's		
Yeast, Brewer's		

